

- 2024 -
MAY

WEDNESDAY

THURSDAY

FRIDAY

MONDAY

TUESDAY

Cromwell High School

Start the day off right with a free school breakfast!

**Breakfast is free to all students
Student Lunch \$3.10**

Lunch consists of an entrée, vegetable and fruit choices, whole grains and low or fat free milk. Students may take three, four or five of these items but must choose at least 1/2 cup of fruits or vegetables.

A selection of a la carte items are also available for purchase daily.

**Alternate Daily Lunch Options:
Assorted sandwiches- Ham, Turkey, Buffalo Chicken, Egg or Tuna salad**

Garden Salad with protein choice.

Although we will do our best not to make substitutions, all menus are subject to change due to product shortages.

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6 Chicken w/ Gravy
Mashed Potatoes
Steamed Corn
Dinner Roll
Fruit Choice

13 Chicken Nuggets
Oven Potatoes
WG Roll
Steamed Corn
Fruit Choice

20 Teriyaki Chicken
Patty on WG Roll
Oven Potatoes
Glazed Carrots
Fruit Choice



7 Toasted Cheese Sandwich
Tomato Soup
Goldfish Crackers
Garden Salad
Fruit Choice

14 Beef Tacos
Shredded Cheese
Shredded Lettuce
Sour Cream
Salsa, Rice and Beans
Fruit Choice

21 Chicken or Cheese Quesadilla
Brown Rice
Steamed Corn
Salsa, Sour Cream
Fruit Choice

28 WG Popcorn Chicken
Mashed Potatoes
Gravy
Dinner Roll
Steamed Green Bean
Fruit Choice

8 Stuffed Bread with Italian Cheeses and Garlic
Marinara Sauce
Steamed Broccoli
Egg Noodles
Fruit Choice

15 **Half Day**
WG Mini Pancakes
Chicken Sausage
Veggie Juice
Hash Brown Patties
Fruit Choice

22 Egg and Cheese on A Croissant
Hash Brown Patty
Vegetable Juice
Fruit Choice

29 Nacho Plate
Meat and Cheese
Tortilla Chips
Salsa, Sour Cream
Black Bean and Corn Fiesta
Fruit Choice

9 WG Mini Waffles
Chicken Sausage
Veggie Juice
Hash Brown Patties
Fruit Choice

16 CHS Beef Burger (Mac Sauce, American Cheese and Sliced Pickles)
Macaroni Salad
Baked Beans
Fruit choice

23 Cheese Pizza or Mozzarella Sticks
Carrots & Celery Sticks
Hummus
Garden Salad
Fruit Choice or Raisins

30 French Toast Sticks W/ Syrup
Chicken Sausage
Vegetable Juice
Hash Brown Patties
Fruit Choice

10 Cheese Pizza or Mozzarella Sticks
Carrots & Celery Sticks
Hummus
Garden Salad
Fruit Choice or Raisins

17 Cheese Pizza or Mozzarella Sticks
Carrots & Celery Sticks
Hummus
Garden Salad
Fruit Choice or Raisins

24 **Half Day**
Hot Dog on WG Roll
Potato Chips
Macaroni Salad
Fruit Choice

31 Cheese Pizza or Mozzarella Sticks
Carrots & Celery Sticks
Hummus
Garden Salad
Fruit Choice or Raisins